

SELVAGGIO BLU - Sardinia

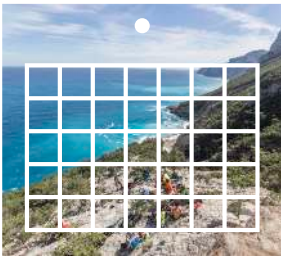
SPECIAL TRIPS of VALMALENCOALPINA®



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PERIOD:

2 appointments per year, check the [calendar on our website](#)

- Spring: **May - June**
- Autumn: **September - October**
- **Private** dates on request (min 6 people)
- Not recommended in summer



WHAT IS IT ?

Renowned both as Italy's most fascinating and toughest trek, the **#selvaggioblu** explore part of the remote and quite inaccessible east coast of Sardinia for over 50 km, in the gulf of Orosei, from Baunei.



COST:

WHAT IS INCLUDED:

- Ferry Ticket A/R Livorno - Olbia
- B&B in Baunei (Sardinia)
- Welcome dinner in a special farm
- Local logistic support
- Return to Santa Maria Navarrese there by rubber dinghy
- Permits for trekking
- Three daily fixed menu meals for all days of the trek
- Professional liability insurance for UIAGM Mountain Guide
- Collective technical equipment
- Mountain Guide fee

WHAT IS **NOT** INCLUDED:

- Travel by car to Sardinia
- Snack and energy drink, extra alcohol drink
- Meals not included in the Selvaggio Blu
- Anything not mentioned in the item INCLUDES



HOW IT IS ORGANIZED:

We try to organize as best we can to optimize the collective experience.

- Few cars, better every 3-4 people, in compliance with anti-covid measures.
- Travel to Sardinia by ship (better) or plane (you'll need a car for rent)
- Baunei is located 2.5 hours drive from Olbia and Cagliari
- In Baunei we'll stay at the B&B dependent on the Hotel Bia Maore

IN SARDINIA

1. FIRST DAY:

- Morning appointment at the B&B for check -in.
- Transfer to the beach of Santa Maria Navarrese for a moment of relax.
- Lunch on the beach (not included)
- Briefing on the detailed organization of the departure and of every detail.
- Afternoon at the crag where:
 - There will be technical briefing
 - Checking the technical equipment
 - Short training on the technical passages similar that will be encountered during the trek (shirt and easy Via Ferrata - abseiling)
- Return to B&B for luggage organization, shower, transfer to sheepfold for typical dinner
- Night in B&B

2. SECOND DAY:

- Breakfast (included but to be prepared)
- Last expense at the fresh food market
- Transfer to the port of Santa Maria Navarrese for luggage delivery to the support agency.
- It will be possible to leave in the B&B a small luggage with clothes and shoes and other effects.
- Transfer by car to Pedra Longa where #SelvaggioBlu begin
- TREK 1: Pedra Longa - Porto Pedrosu
 - D+: 730mt
 - Development 18 km
 - About 6-7 hrs hiking , the longest day.
 - No technical steps

3. THIRD DAY:

- TREK 2: Porto Cuau - Bacu Linnalbu
 - D+ 650 mt
 - Development 13 km
 - About 5 hrs hiking
 - No technical steps

4. FOURTH DAY:

- TREK 3: Bacu Linnalbu - Cala Goloritzè - Su Tasaru
 - D+ 550 mt
 - Development 5 km
 - 4 hrs hiking and two shirt Via Ferrata.
 - Halfway through the trek we will stop for a few hours in the incredible Goloritzè cove.

5. FIFTH DAY:

- TREK 4: Su Tasaru - Ololbissi
 - D+: 650 mt
 - Development 6 km
 - 7 hrs, it is the busiest day
 - Some abseiling
 - Incredible passages and views

6. SIXTH DAY:

- TREK 5: Ololbissi - Cala Biriala - Cala Sisine
 - D+ 400 mt
 - Development 13 km
 - 7 hrs hiking + 3 hrs
 - Some abseiling + 2 shirt via Ferrata
 - Halfway through the trek we will stop for a few hours in the incredible Biriala cove.

7. SEVENTH DAY:

- We will hang in the morning in the beautiful Cala Sisine where the Selvaggio Blu.
- In the early afternoon we will return to Santa Maria Navarrese by rubber boat or off-road vehicle.
- We will recover the cars in Pedra Longa and the luggage left in the B&B
- Convivial moment of greeting

IMPORTANT:

- Choosing to start trekking during the week favors greater isolation from other numerous groups that start Selvaggio Blu on weekends
- The bivouac points and stages can change for:
 - Adverse weather conditions
 - Adverse conditions of the sea
 - Any kind of unexpected
- Based on the abilities of the group choose one of the incredible variations created in 20 years of experience in this land.

P.S.: On request it is possible to extend the stay in Sardinia

- we can arrange different dates for the return ferry
- we can recommend staying in several B & Bs in the area
- the extra stay costs are **EXCLUDED** from the budgeted costs



WHAT YOU'LL NEED:

- 25-30 lt Backpack
- Waterproof Hiking Bag (USArmy style) 80lt with inside extra plastic bags
- Sleeping Bag & Sleeping Mat > 3 cm
- Tent (if you have it)
- **CLOTHING:**
 - Underwear (possibly not made of cotton)
 - Swimsuit
 - 3 breathable t-shirts (possibly in soft colors)
 - Lightweight walking trousers and hiking shorts
 - Cotton walking jumpers or fleeces (nights are cold) + turtleneck + light down jacket
 - Light Gore-Tex helmet + wood hat, headband or scarf
 - Warm pants for the evening
 - Gilet windstopper
 - Raincut waterproof jacket or poncho and space blanket (you can easily find low cost and low-bulk versions)
- **SHOES:**
 - Already tested hiking boots
 - Sandals & slippers

- VARIOUS:
 - Towels and what is needed for toilet
 - First aid kit & Medicine
 - Steel cutlery
 - Hygienic wet wipes, paper towels and toilet paper
 - Insect repellent (very suggested)
 - Thermal sheet
 - Bowl, glass and camping cutlery
 - Drink & Energy bar
 - Powerbank

- BACKPACK 25-30 lt with:
 - Hygienic wet wipes, paper towels and toilet paper
 - Swimsuit + swim mask + towel
 - Multi-tool knife
 - Thermal water bottle or thermos
 - Headlamp with spare battery
 - Sunglasses and sunscreen
 - Cap & headband
 - First aid kit & Medicine
 - Camera (optional)
 - Raincut waterproof jacket or poncho and space blanket (you can easily find low cost and low-bulk versions)
 - Climbing harness + lanyard + 2 karabiners + stop descender with karabiners
 - Daily pocket lunch
 - Thermal sheet
 - ID personal documents

Tents and technical equipment can be provided by our organization on demand. During the trek, you can take advantage of the safe storage service offered by the B&B in Baunei.



The trip is limited and the reservation is required in time with the payment of a deposit.

ASK MORE INFO:

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